

50 promptų emociškai tikriems AI veidams

Dešimt emocijų, po penkias aplinkas kiekvienai. Vietoj jausmo prompte rašai mikrosignalus, ir veidas nustoja atrodyti plastikinis.

VIZUALAI

13 MIN SKAITYMO

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Apie 50 paruoštų promptų emociškai tikriems AI veidams. 10 emocijų, po 5 aplinkas kiekvienai. Be tuščio, plastikinio žvilgsnio. Copy/paste tiesiai į Nano Banana.

Kam tinka Prekės ženklams, kuriems reikia tikrų AI modelių, ir kūrėjams, kurie stato veidą ar personą, jungiantį emociškai.

Ką gausi Pilną prompt'ų biblioteką, suskirstytą pagal emociją. Kiekvienai emocijai: mikrosignalų receptas plius 5 paruošti promptai skirtingose aplinkose.

01



Turinys

1. Kaip tai veikia: 4 dalių formulė

2. 5 aplinkos: ką keičia kiekviena

@APIX.STUDIJA : APIXSTUDIJA.LT/GIDAI/EMOCIJU-PROMPTAI/ · NEMOKAMAS GIDAS, DALINKIS SU NUORODA

3. Kaip naudoti šį rinkinį
 4. Džiaugsmas · 5. Liūdesys · 6. Nuostaba
 5. Pasišlykštėjimas · 8. Gėda · 9. Pyktis
 6. Išsekimas · 11. Baimė · 12. Arogancija · 13. Pasitikėjimas
 7. Bonusas: 5 klaidos, dėl kurių veidas atrodo negyvas
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02

1. Kaip tai veikia

Dauguma AI veidų atrodo negyvi, nes prompte parašai jausmą („laiminga“), o ne signalus. Modelis nemoka „laimingos“. Jis moka pakeltus skruostus ir raukšleles prie akių.

Formulė kiekvienam veidui:

```
[MODELIS] + [EMOCIJA per mikrosignalus] + [APLINKA] + [ŠVIESA] +  
[KADRAS]
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DALIS	KĄ REIŠKIA	PAVYZDYS
Modelis	kas tas žmogus	30 m. moteris, šviesi oda, strazdanos
Mikrosignalai	konkretūs veido bruožai, ne jausmas	pakelti skruostai, raukšlėlės prie akių
Aplinka	kur jis yra	prie lango, gatvėje, studijoje
Šviesa	kaip krenta šviesa	minkšta šoninė dienos šviesa
Kadras	kiek arti	extreme close-up, veidas pildo kadrą

Visi promptai žemiau jau turi šią struktūrą. Tau lieka įrašyti savo modelį.

03

2. Penkios aplinkos

Ta pati emocija skirtingoje aplinkoje atrodo skirtingai. Todėl kiekviena emocija turi 5 variantus:

#	APLINKA	NUOTAIKA	ŠVIESA
A	Studija	švaru, editorial, neutralu	minkšta priekinė beauty šviesa
B	Prie lango	intymu, ramu, kasdieniška	minkšta šoninė dienos šviesa
C	Mieste / lauke	gyva, dokumentinė, candid	natūrali debesuota dienos šviesa
D	Tamsoje (low-key)	dramatiška, kinematografiška	viena šoninė šviesa, gilūs šešėliai
E	Auksinė valanda	šilta, svajinga, aspiracinė	žema saulė iš nugaros, švelnus blikas

04

3. Kaip naudoti

1. Pakeisk **[MODELIS]** savo žmogaus aprašymu arba prijunk modelio reference foto.
2. **Modelio konsistencija:** sukūrus pirmą gerą veidą, naudok to kadro job_id kaip reference kituose promptuose. Taip per visas emocijas išliks tas pats žmogus.
3. **Tikrink spelling:** jei renderini lietuvišką tekstą ant kadro, peržiūrėk raides, regeneruok jei iškreipia.

4. Modelis: Nano Banana (greitas, tikra oda). Cover ar typography-heavy kadru rinkis gpt_image_2.

🛑 Niekada nerašyk tik jausmo žodžio. Visada įvardink 2 ar 3 mikrosignalus.

05

4. Džiaugsmas

Receptas: besišypsančios akys ir lūpos, pakelti skruostai, raukšlelės prie akių, šiltas spindesys.

A · Studija

Seamless warm-grey studio backdrop, soft even frontal beauty lighting. Extreme close-up, face fills the frame. [MODELIS], genuine joy: smiling eyes and mouth, raised cheeks, crow's-feet crinkles, warm happy glow. Hyper-real skin texture with visible pores, no makeup gloss, editorial realism, vertical 4:5.

Generated with Nano Banana.

B · Prie lango

Beside a window indoors, soft directional daylight from one side. Tight close-up. [MODELIS], genuine joy: smiling eyes and mouth, raised cheeks, eye crinkles, warm glow. Hyper-real skin texture, no makeup gloss, editorial realism, vertical 4:5. Generated with Nano Banana.

C · Mieste / lauke

Outdoors on a city street, soft overcast daylight, blurred urban bokeh background. Candid close-up. [MODELIS], laughing with genuine joy: smiling eyes, raised cheeks, eye crinkles. Hyper-real skin texture, vertical 4:5. Generated with Nano Banana.

D · Tamsoje (low-key)

Dark low-key studio, single dramatic side light, deep shadows, near-black background. Tight close-up. [MODELIS], warm joy: smiling eyes and mouth, raised cheeks catching the light, eye crinkles. Hyper-real skin texture, vertical 4:5. Generated with Nano Banana.

E · Auksinė valanda

Outdoors at golden hour, warm low backlight and soft rim light, faint lens flare. Close-up. [MODELIS], radiant joy: smiling eyes and mouth, raised cheeks, eye crinkles, sun-warm glow. Hyper-real skin texture, vertical 4:5. Generated with Nano Banana.

06

5. Liūdesys

Receptas: paraudusios ašarotos akys, nuleisti lūpų kampučiai, suraukti vidiniai antakiai, ašara.

A · Studija

Seamless warm-grey studio backdrop, soft even frontal beauty lighting. Extreme close-up, face fills the frame. [MODELIS], deep sadness: red teary eyes, downturned mouth, furrowed inner brows, a single tear on the cheek. Hyper-real skin texture with visible pores, editorial realism, vertical 4:5. Generated with Nano Banana.

B · Prie lango

Beside a window indoors, soft directional daylight from one side, gentle falloff into shadow. Tight close-up. [MODELIS], quiet sadness: red teary eyes, downturned mouth, furrowed inner brows, gaze drifting to the window. Hyper-real skin texture, vertical 4:5. Generated with Nano Banana.

C · Mieste / lauke

Outdoors on a city street, soft overcast daylight, blurred urban bokeh. Candid close-up. [MODELIS], sadness: glassy red eyes, downturned mouth, furrowed inner brows. Hyper-real skin texture, vertical 4:5. Generated with Nano Banana.

D · Tamsoje (low-key)

Dark low-key studio, single dramatic side light, deep shadows, near-black background. Tight close-up. [MODELIS], heavy sadness: red teary eyes catching the light, downturned mouth, furrowed inner brows, a tear. Hyper-real skin texture, vertical 4:5. Generated with Nano Banana.

E · Auksinė valanda

Outdoors at golden hour, warm low backlight, soft rim light.

Close-up. [MODELIS], bittersweet sadness: teary eyes glistening in the warm light, downturned mouth, furrowed inner brows. Hyper-real skin texture, vertical 4:5. Generated with Nano Banana.

07

6. Nuostaba

Receptas: pakelti antakiai, plačiai atmerktos akys, prasivėrusi burna.

A · Studija

Seamless warm-grey studio backdrop, soft even frontal beauty lighting. Extreme close-up, face fills the frame. [MODELIS], genuine surprise: raised brows, wide-open eyes, dropped open jaw. Hyper-real skin texture with visible pores, editorial realism, vertical 4:5. Generated with Nano Banana.

B · Prie lango

Beside a window indoors, soft directional daylight from one side. Tight close-up. [MODELIS], surprise: raised brows, wide-open eyes, slightly open mouth. Hyper-real skin texture, vertical 4:5. Generated with Nano Banana.

C · Mieste / lauke

Outdoors on a city street, soft overcast daylight, blurred urban bokeh. Candid close-up. [MODELIS], caught-off-guard surprise: raised brows, wide eyes, dropped jaw. Hyper-real skin texture, vertical 4:5. Generated with Nano Banana.

D · Tamsoje (low-key)

Dark low-key studio, single dramatic side light, deep shadows, near-black background. Tight close-up. [MODELIS], startled surprise: raised brows, wide-open eyes catching the light, open mouth. Hyper-real skin texture, vertical 4:5. Generated with Nano Banana.

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E · Auksinė valanda

Outdoors at golden hour, warm low backlight, soft rim light, faint flare. Close-up. [MODELIS], delighted surprise: raised brows, wide eyes, open mouth, warm glow. Hyper-real skin texture, vertical 4:5. Generated with Nano Banana.

08

7. Pasišlykštėjimas

Receptas: suraukta nosis, pakelta viršutinė lūpa, prisimerkusios akys.

A · Studija

Seamless warm-grey studio backdrop, soft even frontal beauty lighting. Extreme close-up, face fills the frame. [MODELIS], disgust: wrinkled nose, curled upper lip, squinting eyes. Hyper-real skin texture with visible pores, editorial realism, vertical 4:5. Generated with Nano Banana.

B · Prie lango

Beside a window indoors, soft directional daylight from one side. Tight close-up. [MODELIS], disgust: wrinkled nose, curled upper lip, narrowed eyes. Hyper-real skin texture, vertical 4:5. Generated with Nano Banana.

C · Mieste / lauke

Outdoors on a city street, soft overcast daylight, blurred urban bokeh. Candid close-up. [MODELIS], disgust reaction: wrinkled nose, curled upper lip, squinting eyes. Hyper-real skin texture, vertical 4:5. Generated with Nano Banana.

D · Tamsoje (low-key)

Dark low-key studio, single dramatic side light, deep shadows, near-black background. Tight close-up. [MODELIS], strong disgust: wrinkled nose, curled upper lip, squinting eyes. Hyper-real skin texture, vertical 4:5. Generated with Nano Banana.

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E · Auksinė valanda

Outdoors at golden hour, warm low backlight, soft rim light. Close-up. [MODELIS], disgust: wrinkled nose, curled upper lip, narrowed eyes against the light. Hyper-real skin texture, vertical 4:5. Generated with Nano Banana.

09

8. Gėda

Receptas: paraudę skruostai, nuleistos akys, suraukti antakiai, prie krūtinės pritrauktas smakras.

A · Studija

Seamless warm-grey studio backdrop, soft even frontal beauty lighting. Extreme close-up, face fills the frame. [MODELIS], shame: flushed cheeks, downcast eyes, furrowed brows, chin tucked toward the chest. Hyper-real skin texture with visible pores, editorial realism, vertical 4:5. Generated with Nano Banana.

B · Prie lango

Beside a window indoors, soft directional daylight from one side. Tight close-up. [MODELIS], shame: flushed cheeks, downcast eyes, chin tucked down, slightly turning away. Hyper-real skin texture, vertical 4:5. Generated with Nano Banana.

C · Mieste / lauke

Outdoors on a city street, soft overcast daylight, blurred urban bokeh. Candid close-up. [MODELIS], embarrassed shame: flushed cheeks, downcast eyes, tucked chin. Hyper-real skin texture, vertical 4:5. Generated with Nano Banana.

D · Tamsoje (low-key)

Dark low-key studio, single dramatic side light, deep shadows, near-black background. Tight close-up. [MODELIS], shame: flushed cheeks, downcast eyes, furrowed brows, tucked chin. Hyper-real skin texture, vertical 4:5. Generated with Nano Banana.

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E · Auksinė valanda

Outdoors at golden hour, warm low backlight, soft rim light.

Close-up. [MODELIS], quiet shame: flushed cheeks, downcast eyes, tucked chin, warm glow. Hyper-real skin texture, vertical 4:5.

Generated with Nano Banana.

10

9. Pyktis

Receptas: suraukti antakiai, sukąsti žandikauliai, įdėmus žvilgsnis, įtemptos lūpos.

A · Studija

Seamless warm-grey studio backdrop, soft even frontal beauty lighting. Extreme close-up, face fills the frame. [MODELIS], intense anger: furrowed brows, clenched jaw, hard direct stare, tightened lips. Hyper-real skin texture with visible pores, editorial realism, vertical 4:5. Generated with Nano Banana.

B · Prie lango

Beside a window indoors, soft directional daylight from one side. Tight close-up. [MODELIS], anger: furrowed brows, clenched jaw, hard stare. Hyper-real skin texture, vertical 4:5. Generated with Nano Banana.

C · Mieste / lauke

Outdoors on a city street, soft overcast daylight, blurred urban bokeh. Candid close-up. [MODELIS], anger: furrowed brows, clenched jaw, intense direct stare. Hyper-real skin texture, vertical 4:5. Generated with Nano Banana.

D · Tamsoje (low-key)

Dark low-key studio, single dramatic side light, deep shadows, near-black background. Tight close-up. [MODELIS], simmering anger: furrowed brows, clenched jaw, hard stare half in shadow. Hyper-real skin texture, vertical 4:5. Generated with Nano Banana.

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E · Auksinė valanda

Outdoors at golden hour, warm low backlight, soft rim light.

Close-up. [MODELIS], anger: furrowed brows, clenched jaw, intense stare against the warm light. Hyper-real skin texture, vertical 4:5. Generated with Nano Banana.

11

10. Išsekimas

Receptas: sunkūs vokai, pavargusios akys, atsipalaidavusi burna, blankus žvilgsnis.

A · Studija

Seamless warm-grey studio backdrop, soft even frontal beauty lighting. Extreme close-up, face fills the frame. [MODELIS], exhaustion: heavy eyelids, drained eyes, slack mouth, dull gaze. Hyper-real skin texture with visible pores, editorial realism, vertical 4:5. Generated with Nano Banana.

B · Prie lango

Beside a window indoors, soft directional daylight from one side. Tight close-up. [MODELIS], exhaustion: heavy eyelids, tired eyes, slack mouth, gaze drifting. Hyper-real skin texture, vertical 4:5. Generated with Nano Banana.

C · Mieste / lauke

Outdoors on a city street, soft overcast daylight, blurred urban bokeh. Candid close-up. [MODELIS], worn-out exhaustion: heavy eyelids, drained eyes, slack mouth. Hyper-real skin texture, vertical 4:5. Generated with Nano Banana.

D · Tamsoje (low-key)

Dark low-key studio, single dramatic side light, deep shadows, near-black background. Tight close-up. [MODELIS], exhaustion: heavy eyelids, drained eyes, slack mouth in soft shadow. Hyper-real skin texture, vertical 4:5. Generated with Nano Banana.

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E · Auksinė valanda

Outdoors at golden hour, warm low backlight, soft rim light.

Close-up. [MODELIS], end-of-day exhaustion: heavy eyelids, tired eyes, slack mouth, warm glow. Hyper-real skin texture, vertical 4:5. Generated with Nano Banana.

12

11. Baimė

Receptas: plačiai atmerktos akys, įtempti pakelti antakiai, išblyškęs veidas, vos prasivėrusi burna.

A · Studija

Seamless warm-grey studio backdrop, soft even frontal beauty lighting. Extreme close-up, face fills the frame. [MODELIS], fear: wide eyes, raised tense brows, pale face, slightly open mouth. Hyper-real skin texture with visible pores, editorial realism, vertical 4:5. Generated with Nano Banana.

B · Prie lango

Beside a window indoors, soft directional daylight from one side. Tight close-up. [MODELIS], fear: wide eyes, raised tense brows, pale face, parted lips. Hyper-real skin texture, vertical 4:5. Generated with Nano Banana.

C · Mieste / lauke

Outdoors on a city street, soft overcast daylight, blurred urban bokeh. Candid close-up. [MODELIS], startled fear: wide eyes, raised tense brows, pale face. Hyper-real skin texture, vertical 4:5. Generated with Nano Banana.

D · Tamsoje (low-key)

Dark low-key studio, single dramatic side light, deep shadows, near-black background. Tight close-up. [MODELIS], fear: wide eyes catching the light, raised tense brows, pale face, parted lips. Hyper-real skin texture, vertical 4:5. Generated with Nano Banana.

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E · Auksinė valanda

Outdoors at golden hour, warm low backlight, soft rim light.

Close-up. [MODELIS], fear: wide eyes, raised tense brows, pale face against the warm light. Hyper-real skin texture, vertical 4:5. Generated with Nano Banana.

13

12. Arogancija

Receptas: lengvas šypsniš, šaltas tiesus žvilgsnis, prisimerkusios akys, lanku pakelti antakiai, vos pakeltas smakras.

A · Studija

Seamless warm-grey studio backdrop, soft even frontal beauty lighting. Extreme close-up, face fills the frame. [MODELIS], arrogance: faint smirk, cold direct gaze, narrowed eyes, one arched brow, chin slightly raised. Hyper-real skin texture with visible pores, editorial realism, vertical 4:5. Generated with Nano Banana.

B · Prie lango

Beside a window indoors, soft directional daylight from one side. Tight close-up. [MODELIS], arrogance: faint smirk, cold gaze, narrowed eyes, arched brow. Hyper-real skin texture, vertical 4:5. Generated with Nano Banana.

C · Mieste / lauke

Outdoors on a city street, soft overcast daylight, blurred urban bokeh. Candid close-up. [MODELIS], arrogance: faint smirk, cold direct gaze, narrowed eyes, raised chin. Hyper-real skin texture, vertical 4:5. Generated with Nano Banana.

D · Tamsoje (low-key)

Dark low-key studio, single dramatic side light, deep shadows, near-black background. Tight close-up. [MODELIS], cold arrogance: faint smirk, narrowed eyes, arched brow half in shadow. Hyper-real skin texture, vertical 4:5. Generated with Nano Banana.

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E · Auksinė valanda

Outdoors at golden hour, warm low backlight, soft rim light. Close-up. [MODELIS], arrogance: faint smirk, cold gaze, arched brow, raised chin against the warm light. Hyper-real skin texture, vertical 4:5. Generated with Nano Banana.

14

13. Pasitikėjimas

Receptas: švelnios atviros akys, vos pastebima šiluma šypsenoje, atsipalaidavę bruožai, tiesus ramus žvilgsnis.

A · Studija

Seamless warm-grey studio backdrop, soft even frontal beauty lighting. Extreme close-up, face fills the frame. [MODELIS], trust: soft open eyes, subtle warm smile, relaxed features, direct gentle gaze. Hyper-real skin texture with visible pores, editorial realism, vertical 4:5. Generated with Nano Banana.

B · Prie lango

Beside a window indoors, soft directional daylight from one side. Tight close-up. [MODELIS], trust: soft open eyes, subtle smile, relaxed features, calm direct gaze. Hyper-real skin texture, vertical 4:5. Generated with Nano Banana.

C · Mieste / lauke

Outdoors on a city street, soft overcast daylight, blurred urban bokeh. Candid close-up. [MODELIS], trust: soft open eyes, subtle warm smile, relaxed features. Hyper-real skin texture, vertical 4:5. Generated with Nano Banana.

D · Tamsoje (low-key)

Dark low-key studio, single dramatic side light, deep shadows, near-black background. Tight close-up. [MODELIS], trust: soft open eyes catching the light, subtle smile, relaxed features. Hyper-real skin texture, vertical 4:5. Generated with Nano Banana.

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E · Auksinė valanda

Outdoors at golden hour, warm low backlight, soft rim light.

Close-up. [MODELIS], trust: soft open eyes, subtle warm smile, relaxed features, warm glow. Hyper-real skin texture, vertical 4:5. Generated with Nano Banana.

14. Bonusas: 5 klaidos, dėl kurių veidas atrodo negyvas

- ✗ Rašai jausmą, ne signalus („laiminga“ vietoj „pakelti skruostai, raukšlelės prie akių“)
→ ✓ Visada 2 ar 3 mikrosignalai
- ✗ Per tobula, plastikinė oda
→ ✓ Prašyk visible pores, fine lines, no makeup gloss
- ✗ Simetriškas, frontalus, sustingęs žvilgsnis
→ ✓ Pridėk vos pakreiptą galvą arba žvilgsnį pro kadra
- ✗ Plokščia priekinė šviesa viskam
→ ✓ Šoninė šviesa kuria gylį ir emociją (žr. aplinkos B, D, E)
- ✗ Visi kadrai studijoje
→ ✓ Keisk aplinką: ta pati emocija prie lango ar lauke jaučiasi tikriau

★ *apix.studija, emociškai tikri AI veidai be plastikinio žvilgsnio*
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